Suspension of all Respiratory Function Tests
(Pulmonary Function Tests)

April 1st, 2021

The new corona virus (COVID-19) is still causing numerous infections in Japan including reports of nosocomial infection cases. The pulmonary function test which involves taking a deep breath and making a maximum effort of forced exhalation, has a risk of patients with no symptoms who may not be denied to be infected by COVID-19, to expand the contamination to the surrounding area by droplets and aerosol.

'Consideration of Pulmonary Function Test during the COVID-19 pandemic'

The Japanese Respiratory Society

The three respiratory societies of the Japanese Respiratory Society, The Japan Society for Respiratory Endoscopy, the Japan Lung Cancer Society all agree on the opinion that until the current vaccinations settle down, the pulmonary function test should only be done for necessary cases※.

※Necessary cases are as follows:
・If an evaluation of anesthesia is required for an operation.
・If an evaluation of an asthma attack or COPD is required for treatment.

Physical check-ups and comprehensive health screening are conducted for the object of 'revealing the current health condition including early detection of abnormalities and maintaining health'.
It is rather aimed for finding your ensuing risks of a hidden disease in which you have no subjective symptoms and is not suited for those who have symptoms which are similar to the above necessary cases.

Considering the current state in which there is the undeniable risk of coronavirus transmission by aerosol, our clinic has been suspending all respiratory function tests since April 6th, 2020 in which we will continue the suspension in fiscal year 2021.

We are implementing various measures to prevent the spread of infection and to ensure a safe and secure clinical environment. We sincerely apologize for any concerns and inconveniences caused by this situation, and ask for your understanding and continued support.

Tokyo Midtown Clinic
Executive Health Screening Center